


LESSON PLAN: THE FIVE SENSES

Level	Subject/Topic	Duration
Kindergarten	Senses	40 minutes

Resources			
Ball	Objects to taste/smell/touch	Binoculars	Flavoured sweets
Rice in a container	Peekaboo box with toy inside	A feeling bag	Garlic to smell
Toilet rolls (2 per child)	Coloured paper String	Items for sorting into taste/feel	

Learning Objectives and Outcomes
Learn about the 5 senses Talk about how different objects smell/taste and what we can see/hear.

Key Words/Phrases	Key Questions
I can smell/hear/see/taste/feel... It tastes good/bad/sweet/sour/spicy/ It feels soft/smooth/rough/hard/prickly	How does it taste/feel? What can you see/hear/smell/taste/feel?

Learning Plan		
Time	Activity Type	Activity
10 minutes	Circle Time/Warm up	Sit children down in a circle. Say hello and sing the hello song. Go around the circle with a puppet or ball, asking them general questions (What's your name? How are you?), encouraging full sentences. Sing an action song to warm up. Sing some songs related to senses, such as Peekaboo, What Do You Hear, The Five Senses Song and Broccoli Ice Cream. Pass around a flower to smell, something soft to touch, a piece of chocolate to taste and binoculars to see through and talk about them.
5 minutes	Key Word Review	Play a guessing game. Have rice (or something similar) in a opaque container and shake it – see if children can guess what's inside. Next blindfold a child one at a time and give them a flavoured sweet to try – they have to guess what flavour it is. Then have all children close their eyes and have them smell something strong smelling (e.g. garlic), see who can guess what it is. Have them place their hand to feel something inside a bag and see if they can guess what it is. Finally, pass around a closed box with a eyehole cut in and see if they can guess what item is inside the box. Ask the key questions during this activity.
10 minutes	Practical task	 Make binoculars with toilet rolls, coloured paper and string.
5 minutes	Activity/Game	Play a sorting activity with different foods, either using toys, real food or flashcards – divide them into different categories. Then do the same with touch – divide different objects by how they feel.
10 minutes	Closing Circle	Sit back down in a circle. Pass around some of the items again to review the five senses. Read a book related to senses, such as 'That's Not My Kitten' by Rachel Wells. If time, sing some of the theme songs again. Sing the goodbye song and say goodbye to the children.

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Extra Activities/Follow up activities

Play I spy (use colours instead of 'beginning with' if children aren't confident with the alphabet)
Play with different musical instruments, talking about how they sound
Have a picnic and taste lots of different foods
Match up senses to the related body part

Evaluation

Did students learn about the five senses?
Were they able to talk about the senses, and categorise objects by their taste/how they feel?